

URBEAN SINCE 2014

ALL DAY ~ breakfast ~

URBEAN BIG BREAKFAST 27.90
2 eggs of your choice, baked beans, gourmet sausage, grilled cherry tomatoes, grilled mushrooms, sautéed spinach, hash browns served with wholemeal toast

VEGETARIAN BIG BREAKFAST **V** 25.90
2 eggs of your choice, baked beans, quinoa patties, grilled cherry tomatoes, pesto mayo, hash browns served with wholemeal toast

FRENCH BREAKKIE 24.90
2 eggs of your choice, smoked salmon, cherry tomatoes, arugula salad served with warm butter croissant

MEXICAN OMELETTE **V** 22.90
Omelette with black beans, green chili, tomato salsa, cheddar cheese, arugula salad served with wholemeal toast

GRANOLA BOWL **V** 26.90
Fresh yogurt, homemade granola, banana, strawberry, blueberry & honey drizzle

PANCAKE WITH CARAMELIZED BANANA 23.90
Fluffy pancakes topped with caramelised banana, fresh fruits & honey

AVOCADO TOAST **V** 32.90
Poached egg, avocado, arugula salad, alfalfa sprouts on wholemeal toast

SMOKED SALMON BENEDICT 32.90
Poached eggs, wholemeal toast, sautéed spinach, smoked salmon, hollandaise sauce, alfalfa sprout, arugula salad

CREAMY MUSHROOMS BENEDICT **V** 24.90
Poached eggs, creamy sautéed button mushroom, hollandaise sauce, wholemeal toast, arugula salad

WARM sandwiches

*CHOICE OF WHOLEMEAL BREAD OR WRAP

SMOKED SALMON 29.90
Toasted wholemeal bread, smoked salmon, cream cheese & chive & greens, served with french fries
*Add on Avocado RM 8.00

TUNA MOUSSE 24.90
Toasted wholemeal bread, tuna mousse, cheddar, pickled gherkins & greens, served with french fries

PESTO CHICKEN MAYO 24.90
Toasted wholemeal bread, chicken breast, pesto mayo & greens, served with french fries

GUACAMOLE PAPRIKA CHICKEN 28.90
Soft wrap, guacamole, paprika chicken breast, caramelized onion, arugula salad, served with french fries

ULTIMATE VEGGIE **V** 22.90
Soft wrap, lettuce, purple cabbage, carrot, tomatoes, cucumber served with homemade spicy hummus, honey yogurt lemon dressing, served with french fries

VEGETARIAN **V** GLUTEN-FREE **G** SPICY **S**

Super Food

*ALL AVAILABLE IN VEGETARIAN VERSION



MULTI-LAYER QUINOA PATTIES **V/G** 27.90
Quinoa patties, homemade spicy hummus, alfalfa sprouts, sunny side up, roasted eggplant & side salad

VEGGIE BURGER **V** 27.90
Quinoa patties, homemade spicy hummus, tomato salsa, alfalfa sprouts, wholemeal toast & carrot salad

PROTEIN PACK **G** 27.90
Quinoa, chicken breast, sweet corn, green peas, tomato salsa, alfalfa sprouts, cucumber, toasted almond flakes served with vinaigrette

ROASTED PUMPKIN & CHICKEN **G** 27.90
Quinoa, chicken breast, roasted pumpkin, green peas, tomato salsa, purple cabbage, green sprout, toasted pumpkin seed served with balsamic vinegar & olive oil

ROASTED VEGGIE VEGAN **V/G** 26.90
Quinoa, spiced cauliflower, grilled eggplant, green peas, cucumber, tomato salsa, green sprout, toasted pumpkin seed served with vinaigrette

MEXICAN **V/G** 25.90
Quinoa, spiced black beans, tomato salsa, sweet corn, roasted pumpkin, sunny side up served with vinaigrette

FUSION THAI CHICKEN **G** 27.90
Quinoa, chicken breast, mango, coriander, tomato salsa, alfalfa sprouts, thai bird eye chili, toasted peanuts, vinaigrette served with homemade thai chili sauce

LAMB MEATBALL 28.90
Quinoa, juicy homemade lamb meatball, tomato salsa, cucumber, carrot served with yogurt mint sauce

AVOCADO & SMOKED SALMON 34.90
Quinoa, avocado, smoked salmon, alfalfa sprouts, tomato salsa, carrot, toasted almond flakes in vinaigrette

Pasta & Mains

*ALL PASTAS AVAILABLE IN VEGETARIAN VERSION

ROSEMARY GRILLED FISH FILLET 28.90
Pan-seared tilapia fillet, pesto mashed potato, buttered vegetables served with choice of rosemary black olive sauce or cream sauce

AUSTRIAN CHICKEN SCHNITZEL 28.90
Golden crispy fried chicken breast, served with cranberry jam & french fries

SEAFOOD SPAGHETTI S 34.90
Choice of tomato sauce or aglio olio style, fresh mussel & prawns cooked in homemade tomato sauce, fresh basil & parmesan

LAMB MEATBALL PASTA 28.90
Juicy homemade lamb meatball cooked in homemade basil tomato sauce, fresh basil & parmesan

LINGUINE PUTTANESCA S 26.90
Chicken breast, cooked with homemade basil tomato sauce, fresh basil, black olive & parmesan

CHICKEN & MUSHROOM BOW TIE 26.90
Chicken breast, white button mushroom, cherry tomatoes & spinach cooked in cream sauce & parmesan

PESTO LINGUINE V 26.90
Fresh homemade pesto with cherry tomatoes, a sprinkle of toasted pumpkin seed & parmesan
*Add on chicken RM 5.90

CLASSIC AGLIO OLIO WITH CHILI FLAKES S 20.90
Classic garlic & olive oil with cherry tomatoes, chili flakes & parmesan
*Add on chicken RM 5.90

Keto Food

AVOCADO THAI CHICKEN 34.90
Grilled chicken breast, avocado & arugula salad served with homemade thai sauce

SMOKED SALMON CLOUD 28.90
Smoked salmon with creamy scrambled eggs, arugula salad, alfalfa sprouts, toasted pumpkin seed served with lemon vinaigrette

CHICKEN FLORENTINE 35.90
Chicken breast simmered in a creamy parmesan sauce with cherry tomatoes & spinach

EJOY'S KETO 33.90
Creamy scrambled egg with cheese, avocado, sauteed mushroom, grilled chicken & smoked salmon

Ask for our gluten free, vegetarian and vegan options, as well as having catering or an event with us.

BYO Box FREE
Takeaway Box +1

VEGETARIAN **V** GLUTEN-FREE **G** SPICY **S**

Soup

OUR SOUPS ARE HOMEMADE FROM GENUINE INGREDIENTS

SPICED PERSIAN CHICKEN SOUP 23.90
Healthy clear soup with persian spices, lentils, barley, chicken, spinach & herbs

SOUP OF THE DAY 18.90
The chef will pick a seasonal vegetable & turn it into a healthy soup

Salad

URBEAN CHICKEN SALAD 25.90
Golden fried chicken, greens, purple cabbage, carrot slice, cherry tomatoes served with honey yogurt lemon dressing

URBEAN GREEN SALAD V 15.90
Greens, cherry tomatoes, corn, carrot slice, black olive, purple cabbage, croutons served with vinaigrette

Add on

SMOKED SALMON	12.90
EGG	3.90
GOURMET SAUSAGE	6.90
CHEDDAR	4.90
CREAM CHEESE	4.90
AVOCADO	8.90
MUSHROOM	4.90
HASH BROWN	4.90
ROASTED PUMPKIN	4.90
BLACK OLIVE	4.90
BUTTER CROISSANT	7.90
WHOLEMEAL TOAST	2.90
GLUTEN-FREE BREAD	4.90
ALMOND FLAKES	3.90
PUMPKIN SEED	2.90
CHICKEN	5.90
FRENCH FRIES	12.90

Check our homemade Cakes & Pastries on display

BROWNIES, BURNT CHEESECAKE, PAVLOVA & CAKE OF THE DAY

We're social

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WWW.URBEAN.COM.MY